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"Explore unseen World"

NORTH NEPAL

Travel & Trek Pvt. Ltd.

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www.northnepal trek.com

2 days River Rafting

Rafting on Seti River - is an ideal trip for those wanting to experience some of the stunning river scenery in Nepal without the intensity of complex or challenging rapids. The Seti is a very suitable river for friend trips and it's the best river to learn kayaking in Nepal.

This unique river passes through two beautiful and contrasting scenic areas offering a good variety of Nepal's landscapes with local villages, terraced rice fields, waterfalls, suspension bridges, jungle rich with wildlife and a beautiful white sandy beach for camping under the stars. Finishing near the Chitwan National Park, this is a great way to get off the beaten track, and enjoy a refreshing alternative to the bus to get to one of Nepal's most popular adventure travel destinations.



Photo: Seti river rafting

Trip Details:

Duration: 2 days

Class: II / III

Depart from: North Nepal Trek Pvt. Ltd / Hotel where you stay

Start point: Damauli (1.5 hours drive)

End Point: Gaighat (3 hours drive back to Pokhara)

Meals: Day 1 (Lunch+Dinner)

Day 2 (Breakfast+Lunch+Dinner)

Accommodation: Riverside beach camping

Included

- Professional English speaking licensed guides highly trained and safety certified to international standards in Whitewater River Guiding, Swift Water Rescue and Wilderness First Aid
- Professional safety kayakers Gear raft support
- International name brand ISO/CE certified rafting equipment including helmets, PFDs, paddles, splash jackets and wetsuits
- certified rafting equipment including helmets, PFDs, paddles, splash jackets and wetsuits
- Dry bags and pelican boxes to keep your personal items dry and safe on the river
- Variety of fresh, hygienically prepared meals while on the river, including tea, coffee, hot chocolate and treated drinking water
- Camping logistics and equipment including shelters, tents, simple mattresses and sleeping bags
- Round trip transportation
- River permits
- Industry standard first aid

EXCLUDED

- Unrelated transportation, accommodation, visas, travel documents, departure taxes etc...
- Footwear
- Items of a personal nature including swimwear, towel and toiletries
- Insurance **we provide insurance for our crew – but participants must be properly insured through an emergency medical travel plan**
- Tips for guides

What to bring ?

- Shorts / ½ pants
- T-shirt
- Sport sandals or comfortable shoes that can get wet and will stay on your feet
- Polypropylene / quick dry long shirts
- Swimwear
- Track pants / comfortable long pants
- Warm fleece
- Jacket (waterproof shell)
- Travel towel
- Socks
- Shoes (not essential – do not bring big trekking boots)
- Pyjamas (something comfortable to sleep in)
- Warm hat (in cold months)
- Travel towel
- Personal toiletries
- Sunscreen / sunscreen lip protection
- Mosquito repellent
- Water bottle

- Head lamp / flash light
- Personal first aid kit
- Sleeping bag (if you do not have one – we will provide a complimentary rental)
- A little cash for treats, tips and the occasional chance for photographs

Price: \$139/- per person (No hidden charges)